



I am / You are

By Rosemary Gallagher

Paperback. Book Condition: New. Not Signed; Are you in need of a little self-love? Do you want to let someone else know how special you think they are? If so then this perfect little 'pick me up' book is just what you need. The simple A - Z format provides inspiring and encouraging single words of wisdom. Little words with big meanings. The words have been chosen to encourage self-love and acceptance, each one has been selected to be a friend and companion to help you to believe in who YOU ARE. Experience each word, practice using it and believe. You don't need lots of words to express who you are, or how you feel, sometimes ONE is perfect. Small, simple, powerful. The I Am side of the book is an affirmation on our internal journey, who we are to ourselves, the You Are side is a statement of intention to the world on your external journey, how we would like the world to see us - they mirror each other in perfect symmetry - inner and outer meeting as one. book.



READ ONLINE
[7.01 MB]

Reviews

It becomes an awesome ebook which i have ever go through. it was writtern quite perfectly and valuable. You will like just how the writer write this ebook.

-- **Kane O'Reilly**

A must buy book if you need to adding benefit. It is actually writter in basic phrases and not confusing. I found out this book from my i and dad suggested this pdf to find out.

-- **Shany Zemlak**

Relevant eBooks



Tinga Tinga Tales: Why Lion Roars - Read it Yourself with Ladybird

Paperback. Book Condition: New. Not Signed; This is a Tinga Tinga tale inspired by traditional stories from Africa. Lion is king of Tinga Tinga but he can't roar! Can his friend Flea help Lion to find his roar and behave more like...



The Princess and the Frog - Read it Yourself with Ladybird

Paperback. Book Condition: New. Not Signed; A kind frog helps a princess and she makes him a promise. What happens when the king tells her that she has keep her promise? Read it yourself with Ladybird is one of Ladybird's best-selling reading...



NIV Soul Survivor New Testament in One Year

Paperback. Book Condition: New. Not Signed; 'The whole Bible, in just one year? You've got to be kidding.' Don't panic! How about just the New Testament to start off with? Take thousands of young people all committed to reading the word together...



New KS2 English SAT Buster 10-Minute Tests: 2016 SATs & Beyond

Paperback. Book Condition: New. Not Signed; This is Book 2 of CGP's SAT Buster 10-Minute Tests for KS2 Grammar, Punctuation & Spelling - it's a brilliant way to introduce English SATS preparation in bite-sized chunks. Each set of quick tests is packed...



First Fairy Tales

Board book. Book Condition: New. Not Signed; This is a traditional story that is retold in rhyme in this chunky padded boardbook. When a couple of tailors offer to make a suit from material so wondrous that only clever people can see...



The Kid

Paperback. Book Condition: New. Not Signed; Winky thought he'd seen everything in Wyoming Territory: rustlers, hangings, shoot-outs, cattle standing frozen stiff in the snow. Then into town one lazy day rode a long-haired kid and a colossal African mute. They were met...