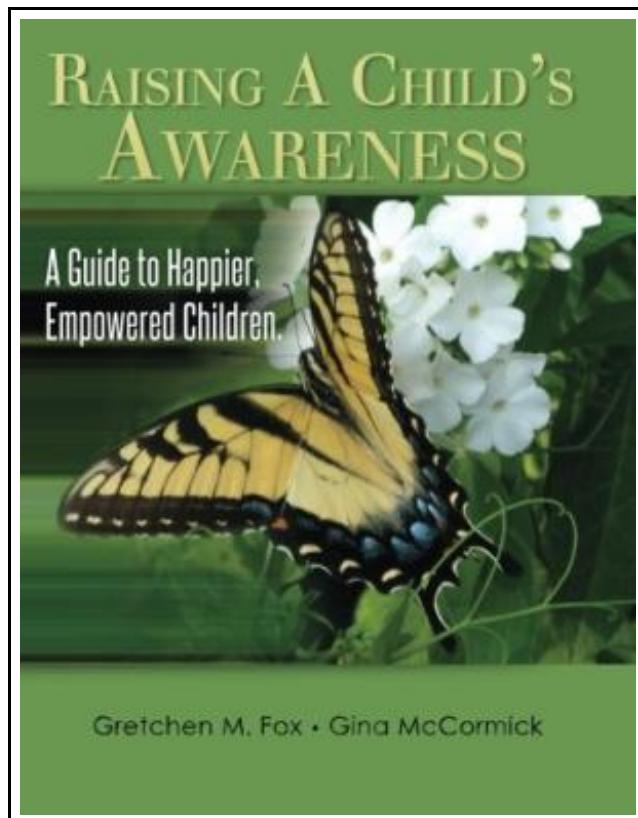


## Raising a Child s Awareness: A Guide to Happier, Empowered Children



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## RAISING A CHILD S AWARENESS: A GUIDE TO HAPPIER, EMPOWERED CHILDREN

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Createspace, United States, 2012. Paperback. Book Condition: New. 274 x 212 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\* BLACK WHITE revised version of the guide \*\* Our thoughts affect how we feel. Once we become consciously aware of this fact, we can take deliberate action to change our thoughts so that we can feel better. Sounds pretty simple, doesn t it? Unfortunately, very few adults even know this. In fact, despite our overwhelming desire to be happy, a vast quantity of us have absolutely no idea how to go about making that happen. Now, with our guidebook, we begin at the beginning, crafting a novel approach that teaches children the skills they need for a lifetime of happiness so that from now through adulthood they will have the tools they need for a positive, joyful life. We turned positive techniques into simple games to be played for five to ten minutes before the start of class. By helping children settle down, relieve stress, and focus on their studies, the games also give them understanding and provide awareness of the direct link between their thoughts and their feelings. In turn, they learn that the power to deliberately change their negative emotions into a positive outlook rests within themselves. Providing techniques that are easy to learn and fun to do, we give children of all ages-even adults-the tools they need to change their thoughts and feelings right now to change their lives for the better. Full of lessons on self-empowerment and positivity, our transformation of law of attraction and education theories and practices is nothing short of astounding. An extremely important book for child, teacher, and parent alike, Raising A Child s Awareness, is a must-have for anyone interested in exploring and implementing lifelong lessons in happiness...

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