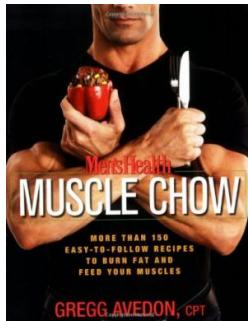


## Mens Health Muscle Chow: More Than a 150 Meals to Feed Your Muscles and Fuel Your Workout



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